

Jumping Bean Training Ltd

Training with Energy!



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Silver Surfer Course Schedule Glenrothes – Autumn 2009

Our Silver Surfer courses are introductory courses and are particularly suited to the over 50's. No experience is required and the emphasis is on learning in a relaxed and fun environment.

We currently have the following courses available:-

2pm – 4pm		2pm – 4pm	
22nd September	Intro to Computers	17th November	Buying and Selling on Ebay
29th September	Intro to the Internet	24th November	Getting the best deal for everything online!
6th October	Intro to e-mail	1st December	Simplify your life with Excel
3rd November	Music on your PC (inc MP3 players)	8th December	Creating personalised stationery
10th November	Travel & the Internet	15th December	Workshop/Recap

All short courses cost £10 each or £90 for all courses and run in the Lomond Centre.

For more information or to book please call 0844 884 5099